# Antibiotic Resistance and Type III Exotoxin Encoding Genes of *Pseudomonas aeruginosa* Isolates from Environmental and Clinical Sources in Northern West Bank in Palestine

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# Abstract

A total of fifty-seven Pseudomonas aeruginosa isolates were collected from different sources of clinical (n=47) and environmental samples (n=10) during 2018, in Northern West Bank, Palestine. Molecular techniques were used to detect type III secretion exotoxin-encoding genes (T3SEEG), and clone identity. The antimicrobial susceptibility was carried out by the disk diffusion method. This study is aimed at comparing the distribution of the T3SEEG and antibiotic resistance between P. aeruginosa isolated from both sources. The correlation between T3SEEG and antibiotic resistance in both clinical and environmental isolates collected from a limited geographical area, in parallel, over a short period of time was also determined. In addition, clone identity between the clinical and environmental strains was determined. The results showed that all clinical and environmental P. aeruginosa isolates carried T3SEEG. ExoT was detected in all of the clinical and environmental isolates. The occurrence rates of exoY and exoS in P. aeruginosa isolates were 80.7 % and 36.8 %, respectively. More than one exotoxin gene was observed in 87 % of the clinical isolates and 70 % of the environmental isolates. The most common combination was exoT and exoY, with prevalence rates of 47 % and 50 % for the clinical and environmental isolates, respectively. ExoU was not detected in any isolate. There was no statistically significant difference between the distribution of T3SEEG according to the isolates' source. There were no significant associations between the carriage of T3SEEG and resistance to some antimicrobials such as ciprofloxacin, norfloxacin, levofloxacin, aztreonam, tetracycline, and kanamycin. The profile of RAPD-PCR typing of 44 p. aeruginosa isolates (nine environmental isolates recovered from hospital sinks and thirty-five clinical isolates recovered from different hospitals) was clustered into three groups at a 96 % similarity level. There was no significant difference between the strains isolated from both of the environmental and clinical sources according to antibiotic resistance and the prevalence of T3SEEG. In conclusion, there was high similarity between P. aeruginosa strains isolated from both environmental and clinical sources. In addition, no significant differences in antibiotic resistance and the distribution of T3SEEG were observed among the isolates from both sources.

Keywords: Pseudomonas aeruginosa, Type III secretion system, Environmental isolates, Clinical isolates, ExoS, ExoT, ExoY, ExoU.

# 1. Introduction

*Pseudomonas aeruginosa* is a major opportunistic human pathogen. It is an important cause of infections, particularly in immunodeficient patients, burn patients, patients using mechanical ventilation, and patients with cancer or cystic fibrosis (Elsen *et al.*, 2014; Azimi *et al.*, 2016). *P. aeruginosa* can also cause infections in healthy persons (McCallum *et al.*, 2002; Kang *et al.*, 2005). In addition, *P. aeruginosa* can cause community-acquired infections as well as hospital-acquired infections (Barbier *et al.*, 2013).

*P. aeruginosa* genomes isolated from environmental and clinical sources are highly conserved. All *P. aeruginosa* isolates are able to produce virulence factors, and are thus considered potential pathogens (Alonso *et al.*, 1999; Pirnay *et al.*, 2002; Pirnay *et al.*, 2009; GrossoBecerra *et al.*, 2014). The intrinsic and acquired resistance of *P. aeruginosa* to many types of antibiotics are attributed to several mechanisms, including reduced cell wall permeability, active efflux systems, expression of various enzymes, plasmid acquisition, and biofilm formation (Allydice-Francis and Brown, 2012).

Secreted exotoxins are either passively or actively secreted from the cell by type I secretion system (T1SS), type II secretion system (T2SS), or type III secretion system (T3SS) (Bradbury *et al.*, 2010). The T3SS of *P. aeruginosa* has four known secretion effector toxins; these are ADP-ribosylating enzymes exoenzyme (ExoS), exoenzyme T (ExoT), adenylate cyclase exoenzyme Y (ExoY), and acute cytolytic factor (a phospholipase) exoenzyme U (ExoU). Although the *P. aeruginosa* T3SS is not required for infection, it enhanced disease severity in several animal models (Hauser, 2009).

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The prevalence of exoS, exoT, exoU and exoY in clinical and environmental P. aeruginosa isolates has been previously reported. All tested clinical and environmental P. aeruginosa isolates had exoT gene sequences (Feltman et al., 2001; Strateva et al., 2010; Gawish et al., 2013; Adwan, 2017). The prevalence of exoT gene sequences in P. aeruginosa isolates recovered from both environmental and clinical sources ranged from 5 % to 92 % (Lomholt et al., 2001; El-Solh et al., 2012; Azimi et al., 2016). The prevalence of exoY gene sequences among P. aeruginosa isolates ranged from 55 % to 97 % (Dacheux et al., 2000; Azimi et al., 2016; Adwan, 2017). The prevalence of exoS gene sequences among P. aeruginosa isolates ranged from 0 % to 96 % (Rumbaugh et al., 1999; Azimi et al., 2016; Adwan, 2017). Finally, the prevalence of exoU gene sequences among P. aeruginosa isolates ranged from 0 % to 80 % (Fleiszig et al., 1997; Azimi et al., 2016; Adwan, 2017). According to one report, exoY and exoT gene sequences were detected in all P. aeruginosa isolates recovered from hospital environments, and only 80 % and 25.7 % of the isolates carried exoS and exoU gene sequences, respectively (Bradbury et al., 2010). In another study, P. aeruginosa isolates recovered from environmental sources were significantly more likely to have exoU gene sequences more than other isolates (Bradbury et al., 2010). In contrast, in another study, there were no significant differences in the prevalence of type III secretion exotoxin-encoding genes (T3SEEG) between both nosocomial and environmental P. aeruginosa isolates, or between isolates recovered from different clinical infection sites (Gawish et al., 2013).

The association between antimicrobial resistance, especially to fluoroquinolones, and the clinical isolates of  $T3SS^{+ve}$  *P. aeruginosa* has been reported in different clinical studies (Wong-Beringer *et al.*, 2008; Mitov *et al.*, 2010; Agnello and Wong-Beringer, 2012; Cho *et al.*, 2014).

The present study is aimed at comparing the distribution of the T3SEEG and antibiotic resistance between *P. aeruginosa* strains that were isolated from clinical and environmental sources, and to investigate the presence of an association between them in both clinical and environmental isolates collected from a limited geographical area, in parallel, over a short period of time. In addition, clone identity among the clinical and environmental strains was determined and compared using molecular techniques.

#### 2. Materials and Methods

## 2.1. Bacterial Isolates' Collection and Identification

A total of fifty-seven isolates of *P. aeruginosa* were collected from different clinical (n=47) and environmental samples (n=10) during 2018 (Table 1). Both clinical and environmental samples were collected from different hospitals in Northern West Bank, Palestine. All clinical isolates were identified using the API 20E system at the respective hospital laboratories, and were then confirmed using conventional methods at a microbiology research laboratory. The environmental isolates were identified using conventional methods at the microbiology research laboratory of An-Najah National University.

Table 1. A sample source of 57 of *P. aeruginosa* isolates collected from different hospitals.

	Sample source (n)												
Hospital	wound	Urine	tissue	Blood	Bed sore	nasal	Fluid	skin	sputum	swabs	umbilicus	Environment (sink of hospital)	Total
Ν	5	4	1	3	1	0	0	0	0	0	0	0	14
W	0	0	0	0	1	0	0	0	0	0	0	0	1
Т	1	1	0	0	0	3	0	0	0	0	0	3	8
J	1	7	0	1	0	0	1	2	4	3	0	7	26
TH	2	1	0	0	0	0	0	0	1	3	1	0	8
Total	9	13	1	4	2	3	1	2	5	6	1	10	57

N: An-Najah National University Hospital; W: Alwatany Hospital; T: Tubas Turk Hospital; J: Jenin Hospital; TH: Thabet Hospital.

## 2.2. Antibacterial Susceptibility Test

Antimicrobial sensitivity testing was performed according to Clinical and Laboratory Standard Institute (CLSI) guidelines using the disk diffusion method (CLSI, 2016). All P. aeruginosa isolates were examined using antimicrobial disks (Oxoid) to determine resistance against, ciprofloxacin (5 µg), kanamycin (30 µg), tetracycline (30 µg), norfloxacin (10 µg), aztreonam (30 μg), and levofloxacin (5 μg). Mueller Hinton agar (MHA) plates were seeded with a 6-8 h old culture of the isolates, followed by placement of the antimicrobial disks. The plates were incubated at 37°C for twenty-four hours. The inhibition zones (if any) were measured, and the isolates were classified as resistant, intermediate, or susceptible, according to CLSI guidelines (CLSI, 2016). The reference strain of P. aeruginosa ATCC 27853 was used as a quality control in all of the experiments of antimicrobial susceptibility testing.

#### 2.3. DNA Extraction and PCR Amplification

#### 2.3.1. DNA Extraction

The genome of *P. aeruginosa* was prepared for PCR according to the method described previously (Adwan *et al.*, 2013). Briefly, the cells were scraped off an overnight MHA plate, washed with 800  $\mu$ L of 1X Tris-EDTA buffer (10 mM Tris-HCl, 1 mM EDTA [pH 8]), centrifuged, and the pellet was resuspended in 400  $\mu$ L of sterile double distilled H<sub>2</sub>O, and boiled for 10-15 minutes. The cells were incubated on ice for ten minutes. The debris were pelleted by centrifugation at 11,500 X *g* for five minutes. The concentration of DNA was determined using a nanodrop spectrophotometer (Genova Nano, Jenway). The DNA samples were stored at -20°C.

# 2.3.2. PCR Amplification of Type III Secretion Exotoxin-Encoding Genes

The detection of gene sequences encoding T3SEEG (*exoS*, *exoT*, *exoU* and *exoY* genes) was performed using multiplex PCR using specific oligonucleotide primer sets

as described previously (Ajavi et al., 2003). Primer sequences and the size of amplicons are listed in Table 2. Each PCR mix (25 µL) consisted of 10 mM PCR buffer pH 8.3; 2.3 mM MgCl<sub>2</sub>; 0.3 mM of each dNTP; 0.3 µM of each primer; 1.25U of Taq DNA polymerase, and 3 µL (100-200 ng) of DNA template. A negative control without template DNA and a positive control strain (department collection) possessing a T3SEEG (exoS, exoT, exoU and exoY genes) were used during PCR. The cycling conditions were: initial denaturation at 94°C for three minutes; followed by thirty-six cycles of denaturation at 94°C for forty seconds, annealing at 56°C for forty seconds, and extension at 72°C for one minute; followed by a single final extension step at 72°C for five minutes. The PCR products were detected by electrophoresis on 1.5 % agarose gels to determine the size of amplified fragment after staining with a final concentration 0.5 µg/mL ethidium bromide.

**Table 2.** Target genes for PCR amplification, amplicon sizes, and primer sequences used.

Target gene	Primer sequence $(5' \rightarrow 3')$	Amplicor size (bp)
exoS	Exo S F: GCG AGG TCA GCA GAG TAT CG	118
	Exo S R: TTC GGC GTC ACT GTG GAT GC	
exoT	Exo T F: AAT CGC CGT CCA ACT GCA TGC G	152
	Exo T R: TGT TCG CCG AGG TAC TGC TC	
exoU	Exo U F: CCG TTG TGG TGC CGT TGA AG	134
	Exo U R: CCA GAT GTT CAC CGA CTC GC	
exoY	Exo Y F: CGG ATT CTA TGG CAG GGA GG	289
	Exo Y R: GCC CTT GAT GCA CTC GAC CA	

## 2.3.3. Random Amplified Polymorphic DNA (RAPD) PCR

Random amplified polymorphic DNA PCR products were generated from forty-four bacterial genomes. The RAPD-PCR was performed using Primer RAPD 208: 5`-**Table 3.** Antimicrobial susceptibility profile of study isolates. ACG GCC GAC C-3` as described earlier (Mahenthiralingam et al., 1996). Each PCR mix (25 µL) consisted of 10 mM PCR buffer pH 8.3; 3 mM MgCl<sub>2</sub>; 0.4 mM of each dNTP; 0.8 µM primer; 1.5 U of Taq DNA polymerase, and 3 µL (100-200 ng) of DNA template. The DNA amplification was carried out using the thermal cycler (Mastercycler personal, Eppendorf, Germany) according to the following protocol: initial denaturation for three minutes at 94°C; followed by thirty-five cycles of denaturation at 94°C for fifty seconds, annealing at 45°C for one minute, and extension at 72°C for one minute, followed by a final extension step at 72°C for five minutes. The PCR products were analyzed by electrophoresis on a 1.7 % agarose gel. The gel image was scored using a binary scoring system that recorded the absence and presence of bands as 0 and 1, respectively. A binary matrix was analyzed by the unweighted pair group method for arithmetic averages (UPGMA), using SPSS statistical software version 20 (IBM).

# 2.4. Statistical Analysis

The results were evaluated by the Fisher exact test using SPSS version 20. A P value less than 0.05 was considered significant.

### 3. Results

#### 3.1. Antimicrobial Susceptibility

A total of fifty-seven isolates (forty-seven clinical isolates and ten environmental isolates) of *P. aeruginosa* were subjected for antimicrobial susceptibility testing. All isolates showed high resistance to tetracycline and kanamycin. The clinical isolates showed low resistance rates against aztreonam, while the environmental isolates showed low resistance rates against norfloxacin. There were no significant differences in the resistance profile between strains isolated from environmental and clinical sources (Fisher exact test; p 0.084-1). The antimicrobial susceptibility profile of the isolates is presented in Table 3.

Antibiotic	Antimicrobial susceptibility result n (%)									
	Clinical source n=47			Environmen	tal source r	n=10	Total n=57			
	S	Ι	R	S	Ι	R	S	Ι	R	
Ciprofloxacin	27 (57.4 %)	3 (6.3 %)	17 (36.3 %)	3 (30 %)	2 (20 %)	5 (50 %)	30 (52.6 %)	5 (8.7 %)	22 (38.7 %)	
Norfloxacin	27 (56 %)	6 (12 %)	14 (32 %)	6 (60 %)	2 (20 %)	2 (20 %)	33 (57 %)	8 (14 %)	16 (29 %)	
Levofloxacin	27 (57 %)	1 (2 %)	19 (41 %)	6 (60 %)	1 (10 %)	3 (30 %)	33 (58 %)	2 (3.5 %)	22 (38.5 %)	
Aztreonam	25 (53.1 %)	14 (29.7 %)	8 (17.2 %)	3 (30 %)	2 (20 %)	5 (50 %)	28 (49.1 %)	16 (28 %)	13 (22.9 %)	
Tetracycline	9 (19.1 %)	6 (12. 7%)	32 (68.2 %)	2 (20 %)	2 (20 %)	6 (60 %)	11 (19.2 %)	8 (14 %)	38 (66.8 %)	
Kanamycin	7 (14 %)	12 (24 %)	28 (62 %)	1 (10 %)	1 (10 %)	8 (80 %)	8(14.1 %)	13 (22.8 %)	36 (63.1 %)	

n: isolates' count; S: susceptible; I: intermediate; R: resistant

3.2. Detection of Type III Secretion Toxins-Encoding Genes

According to the PCR results, all the isolates carried T3SEEG. *ExoT* was detected among all clinical and

environmental isolates. The prevalence of exoY and exoS in isolates from both sources was 80.7 % and 36.8 %, respectively. Two or more genes were observed among 87 % and 70 % of the clinical and environmental isolates, respectively. The most common combination was exoT

and exoY, with a prevalence rate of 47 % and 50 % among clinical and environmental isolates, respectively. ExoU was not detected among the isolates. The results of multiplex-PCR for T3SEEG are presented in Tables 4 and 5. No significant differences were observed in the prevalence of T3SEEG, among the isolates from the environmental and clinical sources (Fisher exact test; p values of 1.00, 0.295, and 0.387 for exoT, exoY and exoS, respectively). In addition, the statistical analysis indicated no significant association between the presence of exoT, exoY, exoS in P. aeruginosa recovered from clinical and environmental sources and the resistance to antimicrobials such as ciprofloxacin, norfloxacin, levofloxacin, aztreonam, tetracycline, and kanamycin (Fisher exact test; p values 0.113-1). A significant association (p = 0.046)was observed between the absence of exoS in the isolates and the resistance to levofloxacin.

**Table 4.** Prevalence of type III secretion toxins-encoding genes in the clinical and environmental isolates of *P. aeruginosa* in combination.

Source of <i>P. aeruginosa</i> isolate	Distribution of type III secretion exotoxins-encoding genes in combination n (%)						
	exoT	<i>exoT</i> and <i>exoY</i>	exoS and exoT	<i>exoS, exoY</i> , and <i>exoT</i>			
Clinical (n=47)	6 (13%)	22 (47%)	2 (4%)	17 (36%)			
Environmental	3 (30%)	5 (50%)	0 (0%)	2 (20%)			
(n=10)							

n: number of isolates

**Table 5.** Prevalence of type III secretion toxins-encoding genes in clinical and environmental isolates of *P. aeruginosa*.

Source of <i>P. aeruginosa</i>	Distribution of type III secretion toxins- encoding genesn (%)								
isolate	exoT	exoS	exoY	exoU					
Clinical (n=47)	47 (100%)	19 (40.4%)	39 (83%)	0 (0%)					
Environmental (n=10)	10 (100%)	2 (20%)	7 (70%)	0 (0%)					
Total	57 (100%)	21 (36.8%)	46 (80.7%)	0 (0%)					

n: number of isolates

## 3.3. RAPD-PCR Typing

The RAPD-PCR typing profile of 44 P. aeruginosa isolates (nine environmental isolates recovered from the sinks of different hospitals and thirty-five clinical isolates recovered from different hospitals) were grouped into three clusters at a 96 % similarity level. Strains grouped in cluster-1 (CL1), which had an identical RAPD-PCR profile were recovered from different hospitals and belonged to environmental (eight isolates) and clinical (nineteen isolates) sources. Strains grouped in cluster-2 (CL2), which had an identical RAPD-PCR profile were recovered from different hospitals and belonged to environmental (one isolate) and clinical (four isolates) sources. Strains grouped in cluster-3 (CL3), which had an identical RAPD-PCR profile, were only recovered from clinical (twelve isolates) sources. Overall, identical clones within the same cluster have been recovered from different hospitals. The results of RAPD-PCR analyses are presented in Figure 1.



Figure 1. Dendrogram of 44 *P. aeruginosa* isolates recovered from clinical (35 isolates) and environmental (9 isolates) sources based on the UPGMA method derived from analysis of the RAPD-PCR profiles at a 96 % similarity level. CL: Cluster; E: Environmental sample; C: clinical sample; N: An-Najah National University Hospital; W: Alwatany Hospital; T: Tubas Turk Hospital; J: Jenin Hospital; TH: Thabet Hospital.

#### 4. Discussion

*Pseudomonas aeruginosa* is one of the major causative agents of both nosocomial- and community-acquired infections in humans. This is due to its ability to cause different infections and its high-level resistance to many classes of antimicrobials via several mechanisms (Allydice-Francis and Brown, 2012).

The findings of this study showed that P. aeruginosa isolates recovered from both environmental and clinical sources demonstrated high resistance to tetracycline and kanamycin. Results of previous studies carried out in the same country, showed that clinical isolates showed high resistance to different tested antibiotics (Adwan et al., 2016a; Adwan, 2017). Results of this study were consistent with previous reports from Jamaica (Allydice-Francis and Brown, 2012) and Iran (Azimi et al., 2016), which showed that P. aeruginosa isolates from different sources had high resistance to many different classes of antimicrobial agents. The major cause of the high prevalence of resistance among clinical isolates of P. aeruginosa in Palestine may be attributed to selective pressure resulting from the uncontrolled, incorrect, and extensive use of antimicrobials inside and outside hospitals. This is exacerbated by the lack of a national antibiotics policy, and due to the over-the-counter antibiotic availability in Palestine (Adwan et al., 2016b).

All the isolates recovered from both environmental and clinical sources were  $exoT^{+ve}$ . These results were consistent with previous reports from USA (Feltman et al., 2001), Bulgaria (Strateva et al., 2010), Egypt (Gawish et al., 2013), and Palestine (Adwan, 2017). The prevalence rate of exoT was inconsistent with the results of other studies, which showed the prevalence of the gene among environmental and clinical P. aeruginosa isolates at a range of 5 % to 92 % (Lomholt et al., 2001; El-Solh et al., 2012; Azimi et al., 2016). In the present study, the prevalence rate of exoY among P. aeruginosa isolates recovered from clinical and environmental sources was 80.7 %. This is comparable to previously published results from Palestine (Adwan, 2017), which showed that 72.5 % of P. aeruginosa recovered from clinical isolates were  $exoY^{+ve}$ . This result is also in agreement with other studies published elsewhere (Strateva et al., 2010; Gawish et al., 2013), which reported rates ranging from 83.5 % to 85.8 %. The prevalence rate of 80.7 % for exoY among the P. aeruginosa isolates was lower than that in other studies; 97 % (Dacheux et al., 2000) and 89 % (Finck-Barbancon et al., 1997), and even higher prevalence rates than these rates by other reports such as by Azimi et al., 2016, at 55 %. The prevalence rate of exoS among the isolates from both sources was 36.8 %. This is in contrast to a previous report from Palestine (Adwan, 2017), which did not recover the gene among clinical isolates of P. aeruginosa. The prevalence rate for this gene among the P. aeruginosa isolates by other reports ranged from 0 % to 96 % (Rumbaugh et al., 1999; Azimi et al., 2016; Adwan, 2017). The product of the exoS gene is considered a main cytotoxin involved in the colonization, invasion, and spreading of the infection (Lee et al., 2005). Increasing the gene expression results in increased pulmonary damage in cystic fibrosis patients and in animal models, and leads to in vitro cytotoxicity, and induction of apoptotic-like cell death (Lee et al., 2005; Engel, 2003). In the current study, all the isolates recovered from clinical and environmental sources were  $exoU^{-ve}$ . This result is consistent with a previous report from Palestine (Adwan, 2017), which showed that all the clinical P. aeruginosa isolates were  $exoU^{\nu e}$ . The prevalence rate of exoU gene sequences among P. aeruginosa isolates ranged from 0 % to 80 % according to reports published elsewhere (Fleiszig et al., 1997; Azimi et al., 2016; Adwan, 2017). The product of exoU demonstrates specificity to human neutrophils, and is associated with a severe P. aeruginosa infection in humans (Finck-Barbancon et al., 1997). Strains of P. aeruginosa with deleted or mutated exoU gene had a lower toxicity during lung infection (Engel, 2003). In addition, an association had been proposed between the product of exoU and the invasive P. aeruginosa leading to bloodstream infections (Wareham and Curtis, 2007).

In the present study, no association was found between the resistance profile and the *P. aeruginosa* isolates recovered from both clinical and environmental sources that carried T3SEEG. A statistically significant association (p = 0.047) was demonstrated between the absence of the *exoS* gene and resistance to norfloxacin. In a recent study from Palestine (Adwan, 2017), no associations were observed between ciprofloxacin, norfloxacin, meropenem, and imipenem resistance, and the carriage of T3SEEG among clinical *P. aeruginosa* isolates. A significant association between clinical *P. aeruginosa* isolates having the exoU gene sequences and fluoroquinolone resistance has been proposed (Wong-Beringer et al., 2008; Cho *et al.*, 2014). In another report (Bradbury *et al.*, 2010), no significant association was demonstrated between ciprofloxacin resistance and *P. aeruginosa* isolates carrying the *exoU* gene.

RAPD-PCR typing of P. aeruginosa genomes of both environmental and clinical isolates showed that the genome is highly conserved (96 % similarity), and that all P. aeruginosa isolates, whether from clinical or environmental sources, were able to produce virulence factors, and are thus potential pathogens. Cluster 1 and 2 had identical isolates recovered from both environmental and clinical sources. This indicates that the strains of environmental origin may cause human infections. These results are in accordance with the results published formerly (Hardalo and Edberg, 1997; Pirnay et al., 2009). Moreover, others have proposed the absence of significant differences between the environmental and clinical isolates regarding the virulence aspects (Morgan et al., 1999; Alonso et al., 1999; Pirnay et al., 2002). Finally, identical clones have been recovered from different hospitals. This may be attributed to medical referrals and the transportation of patients among different hospitals (Adwan, 2017).

## 5. Conclusion

According to RAPD-PCR typing, the results of this study revealed a high similarity between the *P. aeruginosa* strains isolated from environmental and clinical sources. In addition, strains from both sources had no significant differences in antimicrobials' resistance profiles and the presence of T3SEEG. These results indicate that the isolates from both sources have the ability to cause clinical infections.

## **Conflict of Interest**

No conflicts of interest have been declared by the authors

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